# Sermon Outline \& Discussion Questions JuLY 11, 2021 

## Lead Me to the Rock

## PSALM 61

## Main Thought \& Outline

Whatever overwhelms you, you can find relief in the refuge provided by God in Christ.
I. Overwhelmed by Cares (v.1-2a)
II. Overwhelmed by Comforts (v.2b-4)
III. Overwhelmed by Continual Covenant Love (v.5-7)
IV. Overwhelmed with Continual Praise (v.8)

## Questions for Reflection \& Discussion

1. Have you imagined you're the only one exhausted from COVID? Or that those with differing opinions aren't as exhausted? Why is this harmful to Christian community during this difficult time?
2. Which picture of protection most resonates with you? Why?
3. How do God's covenant promises secure us in God's love?
4. Why should we spend more time thinking on God's faithfulness than our trouble? How can you train your heart to do this better?

Further Reading: Deut 33:27; 2 Sam 17:1-3; Ps. 18:2; Ps.
23:6; Ps. 27:4; Matt 11:28-30; Matt 23:37

