SERMON OUTLINE & DISCUSSION QUESTIONS JULY 11, 2021

LEAD ME TO THE ROCK PSALM 61

MAIN THOUGHT & OUTLINE

Whatever overwhelms you, you can find relief in the refuge provided by God in Christ.

- **I.** Overwhelmed by Cares (v.1-2a)
- II. Overwhelmed by Comforts (v.2b-4)
- **III.** Overwhelmed by Continual Covenant Love (v.5-7)
- IV. Overwhelmed with Continual Praise (v.8)

QUESTIONS FOR REFLECTION & DISCUSSION

- 1. Have you imagined you're the only one exhausted from COVID? Or that those with differing opinions aren't as exhausted? Why is this harmful to Christian community during this difficult time?
- 2. Which picture of protection most resonates with you? Why?
- 3. How do God's covenant promises secure us in God's love?
- **4.** Why should we spend more time thinking on God's faithfulness than our trouble? How can you train your heart to do this better?

FURTHER READING: Deut 33:27; 2 Sam 17:1-3; Ps. 18:2; Ps. 23:6; Ps. 27:4; Matt 11:28-30; Matt 23:37